



Lunch Menu

Served from 11:00 am to 1:00 pm

Monday: Sept. 28

Roast Chicken w/ Potatoes, Vegetable & Gravy \$14.00

Tuesday: Sept. 29

Beef Dip w/ Pan Fries & Salad \$14.00

Wednesday: Sept. 30 -- Truth and Reconciliation Day --

Hot Dog, Baked Beans & a Drink \$10.00

Thursday: Oct. 1

Meatloaf w/ Mashed Potatoes, Vegetable & Gravy \$14.00

Friday: Oct. 2

Chicken Alfredo Bake w/ Salad & Garlic Toast \$14.00

Take-Out: Frozen Entrees \$10.00 / Frozen Soup \$5.00



- ✓ Cash preferred
- ✓ Please provide your own container for leftovers

Activities

Mon: Sep. 28	Tue: Sep. 29	Wed: Sep. 30	Thu: Oct. 1	Fri: Oct. 2	Sat: Oct. 3
Pool Sharks 10:00	Pool Sharks 10:00	Adv. Line Dance 9:00	Chair Light Weights 9:30	Adv. Line Dance 9:00	Centre Closed
Mahjongg 10:00	Chair Yoga 10:00	Pool Sharks 10:00	Pool Shark 10:00	Pool Sharks 10:00	
50/50 Draw 11:45	Seniors Info Hub 10:00 – 2:00	Dominoes 11:00	Crafts 10:00	Dominoes 11:00	
Bingo 12:00		50/50 Draw 11:45	Dominoes 11:00	50/50 Draw 11:45	
		Bingo 12:00	Spanish Class 2:15	Bingo 12:00	
	Dance the World 2:30				