



Lunch Menu

Served from 11:00 am to 1:00 pm

Monday: Sept. 21

Swiss Steak w/ Mashed Potatoes & Vegetable \$14.00

Tuesday: Sept. 22

Chicken & Dumplings w/ Salad \$14.00

Wednesday: Sept. 23

Liver & Onions w/ Mashed Potatoes, Vegetable & Gravy \$14.00

Thursday: Sept. 24

Baked Goulash with Ziti Noodles, Salad & Garlic Toast \$14.00

Friday: Sept. 25

Roast Pork Dinner w/ Roast Potatoes, Vegetables & Gravy \$14.00

Take-Out: Frozen Entrees \$10.00 / Frozen Soup \$5.00



- ✓ Cash preferred
- ✓ Please provide your own container for leftovers

Activities

Mon: Sep. 21	Tue: Sep. 22	Wed: Sep. 23	Thu: Sep. 24	Fri: Sep. 25	Sat: Sep. 26
Pool Sharks 10:00	Pool Sharks 10:00	Adv. Line Dance 9:00	Chair Light Weights 9:30	Adv. Line Dance 9:00	Centre Closed
Mahjongg 10:00	Chair Yoga 10:00	Paramedicine Clinic 9:30 – 12:30	Pool Shark 10:00	Pool Sharks 10:00	
50/50 Draw 11:45	Seniors Info Hub 10:00 – 2:00	Pool Sharks 10:00	Crafts 10:00	Dominoes 11:00	
Bingo 12:00		Dominoes 11:00	Dominoes 11:00	Monthly Bday Cake 11:30	
		50/50 Draw 11:45	Art Group Class 2:00	50/50 Draw 11:45	
		Bingo 12:00	Spanish Class 2:15	Bingo 12:00	
	Dance the World 2:30				