



President's Message

The sudden passing of our President, Georgia Munro, has left a tremendous void in our hearts and in the daily life of our Seniors' Centre. Georgia was deeply involved in the day-to-day operations of the Centre, and we relied on her knowledge, leadership, and unwavering dedication. She will be greatly missed, both as our President and as a dear friend to so many.

I have been in contact with Georgia's family and, with their permission, we will be hosting a Members' Tea in her memory once the family has returned to Campbell River in the coming weeks. As soon as the details are finalized, we will share them with our members.

Your Board of Directors has met and is working together to ensure a smooth transition of responsibilities. I will admit that I was overwhelmed by the heartbreaking news of Georgia's passing and by the realization that, as Vice President, I would need to step into the role of Acting President.

After thoughtful discussions with the Board and with the overwhelming encouragement and support of our wonderful members, I have agreed to serve as President for the remainder of the current term. I am also pleased to announce that Iona Wheatley has accepted the role of Vice President, moving from her position as Director-at-Large.

I pledge to lead with honesty, transparency, and respect, and to do my very best for every member and guest of our Centre. If you have any questions, concerns, or suggestions regarding the operation of the Centre, I encourage you to reach out to me. I will always do my best to listen and help resolve any issues. I also ask each of our members to join me in creating a welcoming, respectful, inclusive, and positive environment where everyone feels valued.

We have encouraging news regarding our Past President, Dot Muir. Although she still has a long journey of recovery ahead following her serious accident, her health continues to improve. Despite everything she is facing, Dot has been incredibly generous with her time, offering advice, guidance, and support during this past week. Thank you Dot. Your kindness and wisdom are greatly appreciated.

Our next Casino Bus Trip to Nanaimo is scheduled for Saturday, September 12. This popular outing is open to Members Only and is limited to the 14 available seats on the bus. A sign-up sheet will be posted at the Centre soon. Thank you to Connie for once again organizing this enjoyable event.

Our Membership Director, Patty Coyle, is pleased to report that we welcomed 13 new members during the past month. A warm welcome to each of you! We hope you enjoy everything our Centre has to offer. If you have ideas or suggestions, please use our suggestion box located in the Centre. We ask that you sign and date your suggestion, and including your phone number is helpful if we need to follow up with you.

A heartfelt thank you goes to our wonderful "Veggie Man," Nick. You'll find a feature article about Nick in this newsletter as well as on our Facebook page. Thank you Nick, for everything you do for our Centre.



(cont...)



We are deeply touched by the beautiful tribute that Erin of "Octopus Arts by Erin" created on the large windows of the Centre in memory of our President, Georgia.

Georgia was the sponsor of these seasonal stunning window paintings and believed they brought beauty, warmth, and joy to everyone who visited the Centre. It is only fitting that one of those very windows now serves as such a heartfelt tribute to the remarkable woman who made them possible.

There could be no more personal expression of love, gratitude, and remembrance than this beautiful work of art.

Thank you, Erin, for sharing your talent and your heart with all of us during this difficult time.

Georgia loved you, and we know she would have been deeply touched by this beautiful gift. ❤️

Thank you as well to our new Front Desk volunteers. We truly appreciate you stepping forward, and we are delighted that all days of the week are now covered.

Speaking of the Front Desk, those bouquets of fresh flowers donated by Wendy Longland of Otto Farms are bringing a whole new level of beauty to the Centre. Otto Farms specializes in organically grown fresh local flower bouquets, seeds, dahlia tubers, and free-range eggs. They are located at 210 Petersen Road on the S-curve at Croation. Typically, their very reasonably priced products are available to the public at the little rustic farm stand in spring, summer, and autumn, Wednesday through Friday.

While we've filled our Front Desk schedule, we continue to need volunteers in other areas, especially in our busy kitchen. If you have a few spare hours and would like to help, we would love to welcome you to our volunteer team. Our Kitchen Liaison/Director is Kathy Rae and she would love to chat with you.

Finally, a special thank you to our Communications volunteers, Josie M. (our "other Josie") and Hal. The quality of our website, newsletter, member emails, and Facebook page continues to grow, and it's wonderful to see how much enjoyment our members are getting from the AI memes and other fun posts. Thank you both for your creativity and dedication.

The past few weeks have been difficult for all of us. We are grateful to every member and guest who has shown kindness, compassion, and support during this time of loss. In the spirit of our Mission Statement, let's continue to care for one another and work together to make a positive difference in our Centre and in the lives of seniors throughout Campbell River and the surrounding area.

Thank you for your continued support.

Josie Bezaire
President





Vignette

Meet Nick

Or, as we affectionately call him, "The Wonderful Veggie Man."

Last year, Nick purchased a larger piece of property, demolished the existing house, and built himself a beautiful new home. With the spacious yard surrounding it, he created exactly what he had dreamed of, a thriving garden where he could do what he loves most: coaxing an abundant harvest from the soil.

Nick spent his entire working life as a farmer. Planting, growing, and selling vegetables, fruit, and flowers wasn't just his occupation, it was his passion!

When retirement finally came, at an age that is "closer to 90 than 80," Nick sold his home and farm and moved into what he jokingly calls "an old folks' home."

For someone who had spent a lifetime working the land, retirement quickly proved to be anything but relaxing. A life of leisure simply wasn't for him.

So, Nick contacted a realtor and made his way to Campbell River, where his new retirement plan began to take shape. He built his home, erected a greenhouse, and transformed his property into a flourishing garden.

The next question was: What should he do with all that wonderful produce?

Many people offered suggestions, but one idea stood out. His realtor suggested donating his harvest to the Centre, where the fresh produce could be transformed into delicious meals for fellow seniors.

Nick soon met our Kitchen Manager, Josie Bezaire, and a wonderful friendship blossomed.

The summer of 2025 marked the first season of Nick's new garden.

Fast forward to the summer of 2026, and his property is overflowing with life. Twenty fruit-bearing trees, a productive greenhouse, vibrant vegetable beds, and colourful flower gardens are all producing an incredible harvest. Nick pours his heart, his energy, and decades of farming knowledge into every square foot of that land. What's even more remarkable is that he has accomplished all of this using the soil that was already there. No truckloads of topsoil, no fertilizers, just sunshine, water, determination, and plenty of hard work.

While sharing the fruits (and vegetables and flowers!) of his labour brings him great joy, Nick also treasures the visits from family, neighbours, and friends. One of his greatest pleasures is watching the bees busily.....



Vignette (cont.)

moving from blossom to blossom, burying themselves in the blooms as they quietly go about their important work.

We are incredibly grateful for Nick, his generous spirit, and his enthusiasm for growing food and sharing his harvest with fellow seniors. His kindness nourishes far more than just our kitchen, it enriches our entire community.

Thank you, Nick, for reminding us that generosity grows best when it is shared.

"Gardening simply does not allow one to be mentally old, because too many hopes and dreams are yet to be realized." — Allan Armitage

July Birthdays:

Wendy, Wendy, Nancy, Wendy, Adrienne (Wendy is holding up her photo), Bruce, Heather, Dean

- **August's Birthday Celebration** will be held on Friday, August 28th.
- Cake will be served at 12:20 pm to the dining room patrons.



Events & Activities

CRIBBAGE TOURNAMENT



DATE: AUGUST 20TH



TIME: 11 AM

Arrive early to register

CAMPBELL RIVER
Seniors' Centre

**JOIN US FOR A FUN
FRIENDLY COMPETITION!**

♥ *Non-members welcome* ♥

Campbell River
SENIORS'
CENTRE



Fundraiser

BARBECUE / BAKE SALE HAMBURGER / HOT DOG COMBO

Served with Potato Salad,
Green Salad and a Pop

\$14.00



Bake Sale



LOAVES



PIES



COOKIES

AUGUST 29 • 10 AM TO 2 PM

📍 1400 Ironwood Street

in the Common Mall next to Thrifty Foods



Please support the seniors in our community





BC 50/50 Seniors

Seniors WIN BIG with YOU!

Winner takes half of the jackpot

[Current Prize Amount ►](#)

Next Draw: August 28

Grand Prize deadline on:
August 27, 11:59 p.m.

[Purchase Your Tickets Now ►](#)

Congratulations To Our Recent Winners

Draw Date	Event	Winning No.	Name	Prize Type	Prize
July 31, 2026	BC Seniors 50/50 July 2026	BC-13852271	cathy s.	Grand Prize	\$5,578

Who You Help

Seniors' activity centres across British Columbia are lifelines for older adults. They are places where affordable meals, meaningful connection, and engaging programs help maintain health, independence, and joy. They receive minimal government funding. When you buy a ticket, you're directly supporting four predominantly volunteer run centres in Sechelt, Campbell River, Gibsons and Mackenzie. Your contribution helps ensure that seniors in these regions continue to have access to affordable nutritious food, social connection, and activities that enrich their daily lives.

Lottery Licence #169566

www.Seniorslottery.ca



Follow us to receive upcoming events & activities, exclusive photos & reminders.

www.crseniors.com
email: frontdesk@crseniors.com
telephone: 250-914-4401