



Campbell River Seniors' Centre Society

A Society Since 2008

July 2025 Newsletter

Message from President Dot Muir

Happy Canada day!

I hope you all enjoy what Campbell River has to offer for our big celebration on Canada Day....

Things are a little slower at our center due to summer activities I suspect. We are still gaining new members though, SO a great big welcome to you all.

Not much going on to tell you about, Amanda has written a small blurb on what she has to offer when she comes in. Every third Wednesday at 9:30 -12-30. She will also go into homes when needed. There is a web page in her write up to click on which explains all about a Community Paramedic.

Island Health has taken over from Wheels for wellness and are offering rides to your out-of-town appointments.
Call 1-844-940-6617

Thank you to everyone who contributed or bought at our garage sale. Georgia, Susan, Joanne and Bernadet did a wonderful job of putting it together. Thank you, Job, Well Done!!

Next crib tournament is on July 17th at 11:00. Always a good time. Bring a partner and have some fun.

Well, I am gone camping and will not be around for a week in July. Hope you all have some fun things to do and hopefully some nice weather to do it in.

Take Care,
Dot

Mahjongg

Mahjongg meets at the Centre on Mondays at 10 in Jessie's Room. This is NOT the computer tile matching game - it is a Chinese tile game from the mid - 1800s. There are over 40 variants, and the one we play is known as American Mahjongg - a version developed on a US Military base in 1937.



The American version uses 8 jokers, as well as a playing card with acceptable patterns that change annually. We also use display racks and pusher bars to manage the tiles. The game is very popular in the States, and you can even take cruises and play Mahjongg at Sea. We hear that there are professional players out there, but here at the Centre we don't play for money.

We have taught many people how to play through Elder College and would like to invite everyone to come and watch, or come and play. Most of us have sets to use, so just bring your curiosity and enthusiasm !

Marcia (coordinator)

Announcements



Handicap Aids Available

The Centre has various mobility aids that are given by donation and available to members, free to borrow on a sign-out basis (canes, wheelchairs, walkers and shower chairs). Ask at the front desk.

Wanted Garden Produce

If you have extra gardened fruit or vegetables, please bring them in. Our Kitchen will use them or if they don't need them, they will go on the sharing table.

Kitchen help needed

- Volunteers for cashier and sandwich makers.
- An XL commercial grade stock pot if anyone has one they no longer need.

Please contact the Centre 250-914-4401

Chuckle Station

'the Thinker and the Doer'



June Birthdays

On the last Friday of the previous month we celebrate members who have traveled around the sun once again. Cake is served at 12:30 to the dining room patrons.



Left to right:

Gord
Linda
Georgina
Brenda
Brian

Weekly Menu format by e-mail

For all members who receive the weekly menu by e-mail. On some cell phone emails it may display better if you click on the part of the menu at the top that reads in blue font; [these announcements are viewable as a webpage, click here](#).

Information on Website

We appreciate your patience as our Website is being updated

Our schedule of monthly activities: crseniors.com/activities

A copy of this newsletter: crseniors.com/newsletters

The one page Constitution: crseniors.com/about/constitution

The 8-page By-Laws document: crseniors.com/about/bylaws

17 Board positions and names of 14 directors: crseniors.com/about/board

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