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Newsletter for July 2019



Campbell River Seniors' Centre Society

A Society Since 2008

President's Message - Linda Tucker

We have received information about some very promising arrangements for affordable access to the new space. These will be discussed in detail at the July Board meeting. I anticipate making a good news announcement soon.

We will publish reports about the June 22 Annual Garage Sale and the June 15 Father's Day Tournaments in the August issue of the Newsletter.

I am looking for a first aid assistant or three who would look after our first aid supplies, regular inspection of our AED defibrillator equipment and our preparedness for first aid responses. Some St. John Ambulance training may be useful and if so, the Centre will cover the costs. If you are interested in assisting with any of these first aid responsibilities, please let me know.

Vice President's Report - Maureen Nelson

I am looking for a grocery clerk who would stock our pantry shelves on Mondays with goods purchased by our cook over the weekend and then on Fridays would deliver milk and canned pop supplies to the Centre after purchasing them at Superstore or Thrifty's. If you are interested, please let me know.

Kitchen Report

The menu of daily hot entrees is prepared every week.

The current weekly menu can be seen by clicking on the button below.

[Weekly Lunch Menu](#)

Calendar of Activities

The Centre will be closed
on Monday, July 1st
for Canada Day

Monthly Calendar

Activities Director - Debbie K

Line Dancing for Beginners

You are invited to give
Beginners Line Dancing a try!

Every Tuesday morning

From 9:30 to 10:30



Facilities Director - John Peter

I brought our AED emergency defibrillator equipment into compliance with our maintenance agreement with the City. It is now ready for routine inspection on a regular basis by a volunteer or volunteers..

Renovation update:

- Solid walls are completed in the billiards area and in Jessie's Room.
- The solid wall at the end of the entrance hall is completed.

Crafter's Group

Our Crafter's Group is looking for new members.

Can you knit, crochet, sew, bead, embroider, quilt, macramé, or would you like to learn how? We would love to have you come and join us on Mondays, in Jessie's Room at the Centre. You can do your own thing, or help us make items for our Craft Sales. If you have any questions, please talk to Katie Defert.

Thanks! We hope you will join us!

Seniors' Centre Hours and Contact Info

Monday to Friday, 9:30am to 3:00pm

Lunch counter from 11:00am to 12:45pm

www.crseniors.ca 250-914-4401 crscs@shawlink.ca

[Seniors' Centre Website](#)