Newsletter for January 2019



Message from the Board

Happy New Year!

We are anticipating that 2019 is peaceful and healthy and prosperous!

Hopefully everyone was able to get together with family and friends over the holidays, and our volunteers got to have a bit of a break. And hopefully we are ready to jump into 2019 with renewed energy and appreciation for the opportunity that the Centre presents. January should see a lot of our programs starting up again, with some new groups beginning, like Book Club. Early in February we will be having our Annual General Meeting – so keep February 6th open! Cheers!

Congrats to Glen and Carol and Shirley

Remember the all-candidate meeting we held at the Centre last October just before the municipal election? That's when member Glen asked the potential councilors what to do about the lack of bus service to give seniors access to the hospital. Mayor Andy Adams explained that the City had met with the transit company but no progress had been made. Candidate and now Councillor Ron Kerr recommended a petition.

Carol Dawson and Shirley Simpson had a petition going within days.

City Councillor Claire Moglove was taken by bus to the hospital and admitted that she had no idea that there was such a long walk involved.

Shortly thereafter, the Mirror reported that the City and VIHA had met and that there will be service to the hospital in the spring!!

Kitchen Liaison - Maureen Nelson

We have an afternoon opportunity for a dishwasher.

Please contact me at <u>maureen2010@outlook.com</u> or leave a message at the front desk or at 250-914-4401.

Weekly Lunch Menu

Calendar of Activities

Monthly Calendar

Membership Renewals

Thanks for renewing your membership.

We welcome our new members.

Annual General Meeting

Wednesday, February 6 at 1:00pm

After reports from the President, the Treasurer and Committee Chairs we will elect Board directors for a 2-year term or the remaining year of a 2-year term.

The President and Secretary will be elected to 2-year terms. The Vice-President will be elected to a 1-year term

Four Committee Chairs will be elected to 2-year terms: Activities, Communication, Fund/Grant Raising and Special Events.

> Karen Driscoll is our Nominations Chair. Nomination forms are at the front desk.

Xmas Craft, Baking and Plant Sale

We made \$1,917.15 for the Center!

Katie says thanks to all helpers and for all the donations:

Bobby Ingrid Mary Ruth Nancy Dos Don L. Pat Elaine G. Linda T. Elaine H. Karen Jean Linda H. Candy Margret Andy F.



Seniors' Network

You may have heard that there is work underway to form a Seniors' Network and to have a resource person (possibly located at the Centre) to help navigate through the various agencies to access assistance and services. There is a planning group working on setting up the service, and we would like some assistance from 5 or 6 people in the next couple of weeks.

We have come up with a survey to determine the kinds of questions you may have, and to find out how you are getting those answers now, with a view to making the new service effective and helpful. No personal information will be collected or shared, but we do need to talk to you for about half an hour!

If you have time in the next week or so, please contact Marcia to set up a time that will work.

Volunteer Spotlight

Don Loucks was sitting quietly today working on a jigsaw puzzle in Jessie's Room, so I took the opportunity to interrupt him for a few minutes.

He is one of our bingo callers, and is often seen helping his wife Pat and the crafters.

Born in Linden Ontario, he took a mechanics course, but ended up working with the son of his teacher, and repaired outboards for a living. He tells me that he had a varied career, but we didn't get into details.

Before he retired, Don was a Grounds Maintenance Foreman for the school board.

He lost his first wife to MS, but is very proud of his daughter, who is a missionary, and a recent traveler to Tel Aviv and Moscow.

About 25 years ago he was at a bingo game and met Pat, and they struck up a conversation. That led to marriage. And a huge extended family – Pat has 4 children, 16 grandchildren, and 17 great grandchildren!!

Seniors' Centre Hours

Monday to Friday, 9:30am to 3:00pm

Lunch counter from 11:00am to 12:45pm

250-914-4401

Seniors' Centre Website