

# ACTIVITIES FOR JANUARY 2019

Monday 9:30 – 3:00	Tuesday 9:30 – 3:00	Wednesday 9:30 – 3:00	Thursday 9:30 – 3:00	Friday 9:30 – 3:00
	<b>1</b>  <b>CLOSED</b>  <b>HAPPY NEW YEAR</b>	<b>2</b>  9:00-10:00 Yoga 10:30-12 Adv. Line Dancing must Qualify 12:00-3:00 Chicken Foot 1:00-2:30 Hearts	<b>3</b>  9:30 – 12 Drawing & Painting 12-3 Canasta 12:45-3:00 Bingo & 50/50 Draw  <b>10:30-11:30 FIT FOR HEALTH</b>	<b>4</b>  9:00 10:00 Yoga  10:30-12:00 Improved Line Dancing  12:00-3:00 Euchre  12:00-3:00 Chicken Foot
<b>7</b> 9:00-10:00 Yoga 9:30-3:00 Crafts 10:15-12 Line Dance 12:30-3:00 Crib 12:00-3:00 Chicken Foot. 12:15-3:00 American Mah Jongg <b>10:30-11:30 FIT FOR HEALTH</b>	<b>8</b>  9:30-10:30 Beginners Line Dancing  12:50-3:00 Bingo 50/50 Draw	<b>9</b>  9:00-10:00 Yoga 10:30-12 Adv. Line Dancing must Qualify <b>12:00 -1:00 Book Club</b> 12:00-3:00 Chicken Foot 1:00-2:30 Hearts	<b>10</b>  9:30 – 12 Drawing & Painting 12-3 Canasta 12:45-3:00 Bingo & 50/50 Draw  <b>10:30-11:30 FIT FOR HEALTH</b>	<b>11</b>  9:00-10:00 Yoga  10:30-12:00 Improved Line Dancing  12:00-3:00 Euchre 12:00-3:00 Chicken Foot
<b>14</b> 9:00-10:00 Yoga 9:30-3:00 Crafts 10:15-12 Line Dance 12:30-3:00 Crib 12:00-3:00 Chicken Foot. 12:15-3:00 American Mah Jongg <b>10:30-11:30 FIT FOR HEALTH</b>	<b>15</b> 9:30-10:30 Beginners Line Dancing 12:50-3:00 Bingo 50/50 Draw  <b>1:00 Board Meeting</b>	<b>16</b>  9:00-10:00 Yoga 10:30-12 Adv. Line Dancing must Qualify <b>10:00-11:30 I PAD WORKHOP-FULL</b> 12:00-3:00 Chicken Foot 1:00-2:30 Hearts	<b>17</b>  9:30-12 Draw & Painting 12-3 Canasta 12:45-3:00 Bingo & 50/50 Draw  <b>10:30-11:30 FIT FOR HEALTH</b>	<b>18</b>  9:00-10:00 Yoga 10:30-12:00 Improved Line Dancing  <b>10:00-11:30 I PAD WORKHOP-FULL</b>  12:00-3:00 Euchre 12:00-3:00 Chicken Foot
<b>21</b> 9:00-10:00 Yoga 9:30-3:00 Crafts 10:15-12 Line Dance 12:30-3:00 Crib 12:00-3:00 Chicken Foot. 12:15-3:00 American Mah Jongg <b>10:30-11:30 FIT FOR HEALTH</b>	<b>22</b>  9:30-10:30 Beginners Line Dancing  12:50-3:00 Bingo 50/50 Draw	<b>23</b>  9:00-10:00 Yoga 10:30-12 Adv. Line Dancing must Qualify <b>10:00-11:30 I PAD WORKHOP-FULL</b>  12:00-3:00 Chicken Foot 1:00-2:30 Hearts	<b>24</b>  9:30-12 Draw & Painting 12-3 Canasta 12:45-3:00 Bingo & 50/50 Draw  <b>10:30-11:30 FIT FOR HEALTH</b>	<b>25</b>  9:00-10:00 Yoga 10:30-12:00 Improved Line Dancing  <b>10:00-11:30 I PAD WORKHOP-FULL</b>  12:00-3:00 Euchre 12:00-3:00 Chicken Foot
<b>28</b> 9:00-10:00 Yoga 9:30-3:00 Crafts 10:15-12 Line Dance 12:30-3:00 Crib 12:00-3:00 Chicken Foot. 12:15-3:00 American Mah Jongg <b>10:30-11:30 FIT FOR HEALTH</b>	<b>29</b>  9:30-10:30 Beginners Line Dancing  12:50-3:00 Bingo 50/50 Draw	<b>30</b>  9:00-10:00 Yoga 10:30-12 Advanced Line Dancing must Qualify  12:00-3:00 Chicken Foot 1:00-2:30 Hearts	<b>31</b>  9:30-12 Drawing & Painting 12-3 Canasta 12:45-3:00 Bingo & 50/50 Draw <b>10:30-11:30 FIT FOR HEALTH</b>	<b>FEB 1</b>  9:00-10:00 Yoga 10:30-12:00 Improved Line Dancing  12:00-2:30 Euchre  12:00-3:00 Chicken Foot

# ACTIVITIES FOR JANUARY 2019

Activitiy	Monday	Tuesday	Wednesday	Thurs	Friday
<b>LUNCH</b>	11:00 – 12:45	11:00 – 12:45	11:00 – 12:45	11:00 – 12:45	11:00 – 12:45

<b>Physical</b>					
Yoga	9:90 - 10:00		9:00 - 10:00		9:00 - 10:00
Line Dancing	10:15 – 12:00				10:15 – 12:00
Beginner Line D		9:30-10:30			
*Adv Line Dance			10:30-12:00		
Fit for Health	10:30-11:30			10:30-11:30	

<b>CARDS</b>					
Cribbage	12:30-3:00				
Canasta				12:00-3:00	
Euchre					12:00 - 3:00
Hearts			1:00-2:30		

<b>DOMINOS</b>					
Mexican Train (Chicken Foot)	12:00 - 3:00		12 - 3:00		12 - 3:00
American Mah Jongg	12:15 - 3:00				
<b>BINGO</b>					
<b>BINGO</b>		12:30 – 3:00		12:30 – 3:00	
50/50 Draw		1:00		1:00	

<b>CRAFTS</b>					
	9:30 – 3:00				

<b>ART</b>					
Drawing/Painting				9:30 – 12:00	
Computer Group		10:00			

<b>POOL/Billiards</b>					
	9:30 - 2:30	9:30 - 2:30	9:30 - 2:30	9:30 - 2:30	9:30 - 2:30