

ACTIVITIES FOR SEPTEMBER 2018

Monday 9:30 – 3:00	Tuesday 9:30 – 3:00	Wednesday 9:30 – 3:00	Thursday 9:30 – 3:00	Friday 9:30 – 3:00
SEPT 3 CLOSED LABOUR DAY	4 12:50-3:00 Bingo 50/50 Draw 9:30-10:30 Beginners Line Dancing	5 9:30-10:30 Yoga 10:30-12 Adv. Line Dancing must Qualify 12:00-3:00 Chicken Foot 1:00-2:30 Hearts	6 9:30 – 12 Drawing & Painting 12-3 Canasta 12:45-3:00 Bingo & 50/50 Draw 10:30-11:30 FIT FOR HEALTH	7 9:30-10:30 Yoga 10:30-12:00 Improved Line Dancing 12:00-3:00 Euchre 12:00-3:00 Chicken Foot
10 9:30-10:30 Yoga 9:30-3:00 Crafts 10:30-12 Line Dance 12:30-3:00 Crib 12:00-3:00 Chicken Foot 12:15-3 American Mah Jongg 10:30-11:30 FIT FOR HEALTH	11 12:50-3:00 Bingo 50/50 Draw 9:30-10:30 Beginners Line Dancing	12 9:30-10:30 Yoga 10:30-12 Adv. Line Dancing must Qualify 12:00-3:00 Chicken Foot 1:00-2:30 Hearts	13 9:30 – 12 Drawing & Painting 12-3 Canasta 12:45-3:00 Bingo & 50/50 Draw 10:30-11:30 FIT FOR HEALTH	14 9:30-10:30 Yoga 10:30-12:00 Improved Line Dancing 12:00-3:00 Euchre 12:00-3:00 Chicken Foot
17 9:30-10:30 Yoga 9:30-3:00 Crafts 10:30-12 Line Dance 12:30-3:00 Crib 12:00-3:00 Chicken Foot 12:15-3 American Mah Jongg 10:30-11:30 FIT FOR HEALTH	18 10:00 Computer Group 12:50-3:00 Bingo 50/50 Draw 9:30-10:30 Beginners Line Dancing 12:30 BOARD MEETING	19 9:30-10:30 Yoga 10:30-12 Adv. Line Dancing must Qualify 12:00-3:00 Chicken Foot 1:00-2:30 Hearts	20 9:30-12 Draw & Painting 12-3 Canasta 12:45-3:00 Bingo & 50/50 Draw 10:30-11:30 FIT FOR HEALTH	21 9:30-10:30 Yoga 10:30-12:00 Improved Line Dancing 12:00-3:00 Euchre 12:00-3:00 Chicken Foot
24 9:30-10:30 Yoga 9:30-3:00 Crafts 10:30-12 Line Dance 12:30-3:00 Crib 12:00-3:00 Chicken Foot 12:15-3 American Mah Jongg 10:30-11:30 FIT FOR HEALTH	25 12:50-3:00 Bingo 50/50 Draw 9:30-10:30 Beginners Line Dancing	26 9:30-10:30 Yoga 10:30-12 Advanced Line Dancing must Qualify 12:00-3:00 Chicken Foot 1:00-2:30 Hearts	27 9:30-12 Drawing & Painting 12-3 Canasta 12:45-3:00 Bingo & 50 50 Draw 10:30-11:30 FIT FOR HEALTH	28 9:30-10:30 Yoga 10:30-12:00 Improved Line Dancing 12:00-2:30 Euchre 12:00-3:00 Chicken Foot 4:00-6:00 POT LUCK
OCT 1 9:30-10:30 Yoga 9:30-3:00 Crafts 10:30-12 Line Dance 12:30-3:00 Crib 12:00-3:00 Chicken Foot 12:15-3 American Mah Jongg 10:30-11:30 FIT FOR HEALTH	2 12:50-3:00 Bingo 50/50 Draw 9:30-10:30 Beginners Line Dancing	3 9:30-10:30 Yoga 10:30-12 Advanced Line Dancing must Qualify 12:00-3:00 Chicken Foot 1:00-2:30 Hearts	4 9:30-12 Drawing & Painting 12-3 Canasta 12:45-3:00 Bingo & 50/50 Draw 10:30-11:30 FIT FOR HEALTH	5 9:30-10:30 Yoga 10:30-12:00 Improved Line Dancing 12:00-2:30 Euchre 12:00-3:00 Chicken Foot

ACTIVITIES FOR SEPTEMBER 2018

Activitiy	Monday	Tuesday	Wednesday	Thurs	Friday
LUNCH	11:00 – 12:45	11:00 – 12:45	11:00 – 12:45	11:00 – 12:45	11:00 – 12:45

PHYSICAL					
Yoga	9:30 - 10:30		9:30 - 10:30		9:30 - 10:30
Line Dancing	10:30 – 12:00				10:30 – 12:00
Beginner Line D		9:30-10:30			
*Adv Line Dance			10:30-12:00		
Fit for Health	10:30-11:30			10:30-11:30	

CARDS					
Cribbage	12:30-3:00				
Canasta				12:00-3:00	
Euchre					12:00 - 3:00
Hearts					12:00- 2:30
			1:00- 2:30		

DOMINOS					
Mexican Train (Chicken Foot)	12:00 - 3:00		12 - 3:00		12 - 3:00
American Mah Jongg	12:15 - 3:00				
BINGO					
BINGO		12:30 – 3:00		12:30 – 3:00	
50/50 Draw		1:00		1:00	

CRAFTS					
	9:30 – 3:00				

ART					
Drawing/Painting				9:30 - 12	
Computer Group		10:00			

POOL/Billiards					
	9:30 - 2:30	9:30 - 2:30	9:30 - 2:30	9:30 - 2:30	9:30 - 2:30