

ACTIVITIES FOR AUGUST 2018

Monday 9:30 – 3:00	Tuesday 9:30 – 3:00	Wednesday 9:30 – 3:00	Thursday 9:30 – 3:00	Friday 9:30 – 3:00
30 9:30-10:30 Yoga 9:30-3:00 Crafts 10:30-12 Line Dance 12:30-3:00 Crib 12:00-3:00 Chicken Foot 12:15-3 American Mah Jongg	31 12:50-3:00 Bingo 50/50 Draw	Aug 1 9:30-10:30 Yoga 10:30-12 Adv. Line Dancing must Qualify 12:00-3:00 Chicken Foot 12:00-2:30 Euchre 1:00-2:30 Hearts	2 9:30 – 12 Drawing & Painting 12-3 Canasta 12:45-3:00 Bingo & 50/50 Draw	3 9:30-10:30 Yoga 10:30-12:00 Improved Line Dancing 12:00-2:30 Euchre 12:00-3:00 Chicken Foot
6 B C Day Holiday Centre CLOSED	7 12:50-3:00 Bingo 50/50 Draw	8 9:30-10:30 Yoga 10:30-12 Adv. Line Dancing must Qualify 12:00-3:00 Chicken Foot 12:00-2:30 Euchre 1:00-2:30 Hearts	9 9:30 – 12 Drawing & Painting 12-3 Canasta 12:45-3:00 Bingo & 50/50 Draw	10 9:30-10:30 Yoga 10:30-12:00 Improved Line Dancing 12:00-2:30 Euchre 12:00-3:00 Chicken Foot
13 9:30-10:30 Yoga 9:30-3:00 Crafts 10:30-12 Line Dance 12:30-3:00 Crib 12:00-3:00 Chicken Foot 12:15-3 American Mah Jongg	14 12:50-3:00 Bingo 50/50 Draw	15 9:30-10:30 Yoga 10:30-12 Adv. Line Dancing must Qualify 12:00-3:00 Chicken Foot 12:00-2:30 Euchre 1:00-2:30 Hearts	16 9:30-12 Draw & Painting 12-3 Canasta 12:45-3:00 Bingo & 50/50 Draw	17 9:30-10:30 Yoga 10:30-12:00 Improved Line Dancing 12:00-2:30 Euchre 12:00-3:00 Chicken Foot
20 9:30-10:30 Yoga 9:30-3:00 Crafts 10:30-12 Line Dance 12:30-3:00 Crib 12:00-3:00 Chicken Foot 12:15-3 American Mah Jongg	21 12:50-3:00 Bingo 50/50 Draw	22 9:30-10:30 Yoga 10:30-12 Advanced Line Dancing must Qualify 12:00-3:00 Chicken Foot 12:00-2:30 Euchre 1:00-2:30 Hearts	23 9:30-12 Drawing & Painting 12-3 Canasta 12:45-3:00 Bingo & 50 50 Draw	24 9:30-10:30 Yoga 10:30-12:00 Improved Line Dancing 12:00-2:30 Euchre 12:00-3:00 Chicken Foot
27 9:30-10:30 Yoga 9:30-3:00 Crafts 10:30-12 Line Dance 12:30-3:00 Crib 12:00-3:00 Chicken Foot 12:15-3 American Mah Jongg	28 12:50-3:00 Bingo 50/50 Draw	29 9:30-10:30 Yoga 10:30-12 Advanced Line Dancing must Qualify 12:00-3:00 Chicken Foot 12:00-2:30 Euchre 1:00-2:30 Hearts	30 9:30-12 Drawing & Painting 12-3 Canasta 12:45-3:00 Bingo & 50/50 Draw	31 9:30-10:30 Yoga 10:30-12:00 Improved Line Dancing 12:00-2:30 Euchre 12:00-3:00 Chicken Foot

ACTIVITIES FOR AUGUST 2018

Activitiy	Monday	Tuesday	Wednesday	Thurs	Friday
LUNCH	11:00 – 12:45	11:00 – 12:45	11:00 – 12:45	11:00 – 12:45	11:00 – 12:45

PHYSICAL					
Yoga	9:30 - 10:30		9:30 - 10:30		9:30 - 10:30
Line Dancing	10:30 - 12				10:30 - 12
Beginner Line D	Back in Sept				
*Adv Line Dance			10:30-12:00		
Fit for Health	Stopped for	the summer			

CARDS					
Cribbage					
Canasta	12:30 - 3:00				
Euchre				12:00 - 3	
Hearts			12 - 2:30		12 - 2:30
			1 - 2:30		

DOMINOS					
Mexican Train (Chicken Foot)	12 - 3:00		12 - 3:00		12 - 3:00
American Mah Jongg	12:15 - 3:00				
BINGO					
BINGO		12:30 - 3		12:30 - 3	
50/50 Draw		1:00		1:00	

CRAFTS					
	9:30 – 3:00				

ART					
Drawing/Painting				9:30 - 12	
Computer Group		3 rd Tue of each month 9:30- 11:30			

POOL/Billiards					
	9:30 - 2:30	9:30 - 2:30	9:30 - 2:30	9:30 - 2:30	9:30 - 2:30