



Campbell River Seniors' Centre Society

August 2016 Newsletter

Your Seniors' Centre Board

President
Helen Whitaker

Vice President
Bev Birce

Treasurer
Doug Vater

Secretary
Jean Driscoll-Bell

Members at Large
Linda Hutchings
Wayne Bernard
Sterling Campbell

Email:
crscs@shawlink.ca



Fun for Seniors

Campbell River Seniors' Centre
The Common Mall

1414 Ironwood Street

Phone: 250-914-4401
Website: www.crseniors.com

Centre Closed

Monday, Sept 5 - Labour Day

9:30 - 3:00
Mon - Fri

LUNCH
11:00 - 1:00

Programs

Bingo
50/50 Draw

Mexican Train
Mahjonn

Card Games

Crib
Hearts
Euchre
Bridge

Crafts

Pool Tables

Yoga

Line Dancing

Drawing

Pot Luck
Dinners

Entertainers

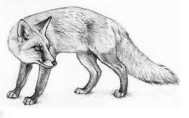


Steve Hollingsworth

CR Seniors' Centre
Food Services Manager

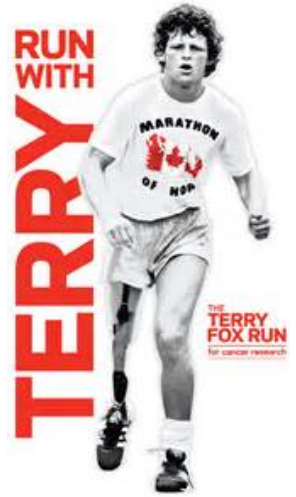


Join fellow members & friends in our version
"The Silver Fox Run/Walk & Wheel"



in support of cancer research

1:00 p.m. Wednesday, Sept. 21
in the CR Common Mall



Donations by cheque will be accepted at the front desk - made payable to the Terry Fox Foundation - thank you for your support!

Returning in September !



Sept. 12
Fit for Health
every Monday &
Thurs. 10:30 - 11:30



all day

Crafts - Mondays 9:30 -

Special Thanks to Mary Thurston for the new storage cabinet for the Craft Room -
The Grateful Crafters

Sept. 8
Drawing & Painting
every Thurs. 10:30 - 12:00



September, 2016

Monday
9:30 - 3:00

Tuesday
9:30 - 3:00

Wednesday
9:30 - 3:00

Thursday
9:30 - 3:00

Friday
9:30 - 3:00

			1 1:00-3:00 Bingo & 50/50 Draw	2 9:30-10:30 Yoga FULL 10:30-12:00 Line Dancing 12:00-2:30 Euchre 12:00-3:00 Mexican Train
5 CLOSED - Labour Day	6 9:30-10:30 Yoga 10-11:30 Computer Group 1:00-3:00 Bingo	7 9:30-10:30 Yoga full 10:30-12 Line Dancing 12:00-3:00 Mexican Train 10:30-3:00 Bridge 1:00-2:30 Hearts	8 10:30-12 Drawing/Painting 1:00-3:00 Bingo & 50/50 Draw	9 9:30-10:30 Yoga FULL 10:30-12 Line Dance 12:00-2:30 Euchre 12:00-3:00 Mexican Train
12 9:30-10:30 Yoga 10:30-12 Line Dance 10:30-11:30 Fit for Health 9:30-3:00 Crafts 12:30-3:00 Crib 12:00-3:00 Mexican Train 12:15-3 Mah-jong	13 9:30-10:30 Yoga 10-11:30 Computer Group 1:00-3:00 Bingo	14 9:30-10:30 Yoga full 10:30-12 Line Dance 12:00-3:00 Mexican Train 10:30-3:00 Bridge 1:00-2:30 Hearts	15 10:30-11:30 Fit for Health 10:30-12 Drawing/Painting 1:00-3:00 Bingo & 50/50 Draw	16 9:30-10:30 Yoga FULL 10:30-12 Line Dance 12:00-2:30 Euchre 12:00-3:00 Mexican Train
19 9:30-10:30 Yoga FULL 10:30-12 Line Dance 10:30-11:30 Fit for Health 9:30-3:00 Crafts 12:30-3:00 Crib 12:00-3:00 Mexican Train 12:15-3 Mah-jong	20 9:30-10:30 Yoga 10-11:30 Computer Group 1:00-3:00 Bingo	21 9:30-10:30 Yoga FULL 12:00-3:00 Mexican Train 10:30-12 Line Dance 10:30-3:00 Bridge 1:00-2:30 Hearts 1:00 Silver Fox Run/Walk/Wheel	22 10:30-11:30 Fit for Health 10:30-12 Drawing/Painting 1:00-3:00 Bingo & 50/50 Draw	23 9:30-10:30 Yoga FULL 10:30-12 Line Dance 12:00-2:30 Euchre 12:00-3:00 Mexican Train
26 9:30-10:30 Yoga FULL 10:30-12 Line Dancing 10:30-11:30 Fit for Health 11:00-3:00 Crafts 12:30-3:00 Crib 12:00-3:00 Mexican Train 12:15-3 Mah-jong	27 9:30-10:30 Yoga 10-11:30 Computer Group 1:00-3:00 Bingo 1-3 Board Meeting	28 9:30-10:30 Yoga FULL 12:00-3:00 Mexican Train 10:30-12 Line Dancing 10:30-3:00 Bridge 1:00-2:30 Hearts	29 10:30-11:30 Fit for Health 10:30-12 Drawing/Painting 1:00-3:00 Bingo & 50/50 Draw	30 9:30-10:30 Yoga FULL 10:30-12 Line Dance 12:00-2:30 Euchre 12:00-3:00 Mexican Train