



Campbell River Seniors' Centre Society

March 2016 Newsletter

Your Seniors' Centre Board

President
Helen Whitaker

Vice President
Bev Birce

Treasurer
Doug Vater

Secretary
Jean Driscoll-Bell

Members at Large
Linda Hutchings
Wayne Bernard
Sterling Campbell
Joan Clarke

Email:
crscs@shawlink.ca



Fun for Seniors

Campbell River Seniors' Centre
The Common Mall

1414 Ironwood Street

Phone: 250-914-4401
Website: www.crseniors.com



Happy Easter

Seniors Centre CLOSED for
Good Friday March 25

9:30 - 3:00
Mon - Fri

**LUNCH 11:00
- 1:00**

Programs

Bingo
50/50 Draw

Mexican Train

Card Games

Crib
Hearts
Euchre
Bridge

Crafts

Pool Tables

Yoga

Line Dancing

Drawing

Pot Luck
Dinners

Entertainers



News & Announcements

Advanced Care Planning
Tuesdays - March 8 & 22
12:30 - 2:30 - Jesse's Room
Hosted by the Campbell River Hospice Society

POT LUCK DINNER -

Friday, March 18 - 4:00 - 6:00

Main Dining Room
Bring food to share
Entertainment arranged



Notice of a SPRING CRAFTS SALE

Saturday, April 16 from 10-4

CR Common Mall

HELP NEEDED: with crafts and baked goods

Contact: Katie Defert

<crscs@shawlink.ca>

Crabby Road 4-24-11



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Volunteers Needed

OFFICE VOLUNTEERS - ½ or full day (10-3) Wednesdays - To answer telephone and take memberships (training will be provided)

NEWSLETTER EDITOR - for a monthly in-house newsletter. Should be familiar with MS Office and have a little imagination for layout.

Contact: Jean Driscoll-Bell

<crscs@shawlink.ca>



March 2016

LUNCH EVERY WEEKDAY from 11:00 - 1:00

Monday 9:30 - 3:00	Tuesday 9:30 - 3:00	Wednesday 9:30 - 3:00	Thursday 9:30 - 3:00	Friday 9:30 - 3:00
29 9:30-10:30 Yoga 10:30-12 Line Dancing 10:30-11:30 Fit for Health 11:00-3:00 Crafts 12:30-3:00 Crib 12:00-3:00 Mexican Train	1 9:30-10:30 Yoga 1:00-3:00 Bingo	2 9:30-10:30 Yoga 9:30-3:00 Mexican Train 10:30-12 Line Dancing 10:30-3:00 Bridge 1:00-2:30 Hearts	3 10:00-12 Drawing 1:00-3:00 Bingo & 50/50 Draw	4 9:30-10:30 Yoga 10:30-12:00 Line Dancing 12:00-2:30 Euchre 12:00-3:00 Mexican Train
7 9:30-10:30 Yoga 10:30-12 Line Dancing 10:30-11:30 Fit for Health 11:00-3:00 Crafts 12:30-3:00 Crib 12:00-3:00 Mexican Train	8 NO YOGA 12:30-2:30 Advanced Care Planning 1:00-3:00 Bingo	9 9:30-10:30 Yoga 9:30-3:00 Mexican Train 10:30-12 Line Dancing 10:30-3:00 Bridge 1:00-2:30 Hearts	10 10:00-3:00 Crafts 1:00-3:00 Bingo & 50/50 Draw	11 9:30-10:30 Yoga 10:30-12:00 Line Dancing 12:00-2:30 Euchre 12:00-3:00 Mexican Train
14 9:30-10:30 Yoga 10:30-12 Line Dancing 10:30-11:30 Fit for Health 11:00-3:00 Crafts 12:30-3:00 Crib 12:00-3:00 Mexican Train	15 NO YOGA 1:00-3:00 Bingo 1:00-3:00 Board Meeting	15 9:30-10:30 Yoga 9:30-3:00 Mexican Train 10:30-12 Line Dancing 10:30-3:00 Bridge 1:00-2:30 Hearts	17 10:00-12 Drawing 1:00-3:00 Bingo & 50/50 Draw	18 9:30-10:30 Yoga 10:30-12:00 Line Dancing 12:00-2:30 Euchre 12:00-3:00 Mexican Train 4:00-6:00 POT LUCK
21 9:30-10:30 Yoga 10:30-12 Line Dancing 10:30-11:30 Fit for Health 11:00-3:00 Crafts 12:30-3:00 Crib 12:00-3:00 Mexican Train	22 NO YOGA 12:30-2:30 Advanced Care Planning 1:00-3:00 Bingo	23 9:30-10:30 Yoga 9:30-3:00 Mexican Train 10:30-12 Line Dancing 10:30-3:00 Bridge 1:00-2:30 Hearts	24 10:00-3:00 Crafts 1:00-3:00 Bingo & 50/50 Draw	25 CLOSED: EASTER - GOOD FRIDAY
28 9:30-10:30 Yoga 10:30-12 Line Dancing 10:30-11:30 Fit for Health 11:00-3:00 Crafts 12:30-3:00 Crib 12:00-3:00 Mexican Train	29 9:30-10:30 Yoga 1:00-3:00 Bingo	30 9:30-10:30 Yoga 9:30-3:00 Mexican Train 10:30-12 Line Dancing 10:30-3:00 Bridge 1:00-2:30 Hearts	31 10:00-12 Drawing 1:00-3:00 Bingo & 50/50 Draw	