

Campbell River Seniors' Centre

Newsletter

January 2016

2015 Executive

President	Helen Whitaker
Vice-President	Bev Birce
Treasurer	Doug Vater
Secretary	Jean Driscoll-Bell
Past President	Jim Best
Kitchen Manager	Helen Whitaker
Member at Large	Jan Askew
Member at Large	Wayne Bernard
Member at Large	Sterling Campbell
Member at Large	Bernie Charpentier
Member at Large	Debbie Dickie
Member at Large	Karen Driscoll
Member at Large	Linda Hutchings



Campbell River Seniors' Centre

The Common Mall

1414 Ironwood Street

Phone 250-914-4401

Website

www.crseniors.com



9:30 - 3:00

Programs

Lunch 11:00 - 1:00

Bingo

Mexican Train

Card Games

Crib

Hearts

Euchre

Bridge

Crafts

Pool Tables

Darts

Yoga

Line Dancing

Drawing

Pot Luck Dinners

Entertainers/Speakers

50/50 Draw

NOTICE

2016 Annual General Meeting - Tuesday, February 2nd, at 1:00.

Nominations are open to current 2016 Members for the following positions:

- 1 - Vice-President – 2 year term
- 1 - Treasurer – 2 year term
- 4 - Directors at Large – 2 year term
- 1 - Director at Large – 1 year term

Nomination forms are available at the Office Desk until the close of nominations January 25th, 2016 at 3:00. Completed Nomination Forms should be returned to the Society Secretary and Interim Chair, Jean Driscoll-Bell by the closing on January 25th, 2016 at 3:00.

Thank You

Fit for Health will be starting up again Mondays and Thursdays 10:30 – 11:30 starting on: Monday, January 11th, ending for the summer on: Thursday, May 26th, 2016

Hospice will be presenting "Advance Care Planning" on Tuesday, January 12th and 19th, 2016 at 10:00 in Jessie's Room.

We will have a speaker, Brenda Yule, RN talking about "Blood Pressure Management" On Friday, January 15th, 2016 at 10:00 in Jessie's Room.

THANK YOU!

To all that helped on our Craft Sales and with the donation, together we raised \$2,237.95.

And Thank You to all the Helpers with the ticket sales for the raffle, we made \$1,519.59. Lois Dalflyen won the quilt and Meg Smy won the second prize which she donated back to The Senior Centre.

Many Thanks to All.

Katie Defert



JANUARY 2016

LUNCH EVERY DAY 11:00 - 1:00

Monday
9:30 – 3:00

Tuesday
9:30 – 3:00

Wednesday
9:30 – 3:00

Thursday
9:30 – 3:00

Friday
9:30 – 3:00

<p>4 9:30-10:30 Yoga 10:30-12:00 Line Dancing 11:00-3:00 Crafts 12:30-3:00 Crib 12:00-3:00 Mexican Train</p>	<p>5 9:30-11:00 Yoga 1:00-3:00 Bingo</p>	<p>6 9:30-10:30 Yoga 9:30-12:00 Mexican Train 10:30-3:00 Bridge 11:00-3:00 Crafts 12:00-3:00 Mexican Train 1:00-2:30 Hearts</p>	<p>7 10:00-12:00 Drawing 11:00-1:00 Hot Dogs 1:00-3:00 Bingo 50/50 Draw</p>	<p>8 9:30-10:30 Yoga 10:30-12:00 Line Dancing 12:00-2:30 Euchre 12:00-3:00 Mexican Train</p>
<p>11 9:30-10:30 Yoga 10:30-12:00 Line Dancing 10:30-11:30 Fit for Health 11:00-3:00 Crafts 12:30-3:00 Crib 12:00-3:00 Mexican Train</p>	<p>12 9:30-11:00 Yoga 10:00 Advance Care Planning 1:00-3:00 Bingo 1:00-3:00 Board Meeting</p>	<p>13 9:30-10:30 Yoga 9:30-12:00 Mexican Train 10:30-3:00 Bridge 11:00-3:00 Crafts 12:00-3:00 Mexican Train 1:00-2:30 Hearts</p>	<p>14 10:00-12:00 Drawing 10:30-11:30 Fit for Health 11:00-1:00 Hot Dogs 1:00-3:00 Bingo 50/50 Draw</p>	<p>15 9:30-10:30 Yoga 10:00 Blood Pressure Management 10:30-12:00 Line Dancing 12:00-2:30 Euchre 12:00-3:00 Mexican Train</p>
<p>18 9:30-10:30 Yoga 10:30-12:00 Line Dancing 10:30-11:30 Fit for Health 11:00-3:00 Crafts 12:30-3:00 Crib 12:00-3:00 Mexican Train</p>	<p>19 10:00 Advance Care Planning 1:00-3:00 Bingo</p>	<p>20 9:30-10:30 Yoga 9:30-12:00 Mexican Train 10:30-3:00 Bridge 11:00-3:00 Crafts 12:00-3:00 Mexican Train 1:00-2:30 Hearts</p>	<p>21 10:00-12:00 Drawing 10:30-11:30 Fit for Health 11:00-1:00 Hot Dogs 1:00-3:00 Bingo 50/50 Draw</p>	<p>22 9:30-10:30 Yoga 10:30-12:00 Line Dancing 12:00-2:30 Euchre 12:00-3:00 Mexican Train</p>
<p>25 9:30-10:30 Yoga 10:30-12:00 Line Dancing 10:30-11:30 Fit for Health 11:00-3:00 Crafts 12:30-3:00 Crib 12:00-3:00 Mexican Train</p>	<p>26 1:00-3:00 Bingo</p>	<p>27 9:30-10:30 Yoga 9:30-12:00 Mexican Train 10:30-3:00 Bridge 11:00-3:00 Crafts 12:00-3:00 Mexican Train 1:00-2:30 Hearts</p>	<p>28 10:00-12:00 Drawing 10:30-11:30 Fit for Health 11:00-1:00 Hot Dogs 1:00-3:00 Bingo 50/50 Draw</p>	<p>29 9:30-10:30 Yoga 10:30-12:00 Line Dancing 12:00-2:30 Euchre 12:00-3:00 Mexican Train</p>